

Monday	Tuesday	Thursday	Saturday
<p data-bbox="45 227 1081 580">Adult Krav Maga 6:30-7:30pm</p>	<p data-bbox="1172 227 2208 580">All level Adult Krav Maga 6:30-7:30pm</p> <p data-bbox="1172 621 2208 911">Adult Dynamic Engagement firearms training 7:30-8:30pm</p>	<p data-bbox="2299 227 3335 580">All level Adult Krav Maga 6:30-7:30pm</p>	<p data-bbox="3426 227 4462 580">All level Adult Krav Maga (Ground Fighting focus) 9:30-10:30am</p>